

Newsletter

Serving the families of those who served.

Published by the Legacy Club of South
Australia & Broken Hill Inc.
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LegacySAandBH

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July/August 2026



Legacy Youth with President Heather Willis & CEO Dan Demaria at the Anzac Day March

Legacy Commemorates Anzac Day

On Anzac Day 2026, Legacy participated in a multitude of events, ceremonies and dedications across South Australia. On this day we honored and remembered those who have served and we thank everyone who contributed to making the day meaningful and successful.

*For an insight into how Legacy participated in Anzac Day,
please turn to pages 6 and 7.*

Our Values

Personal Service.

Empathy.

Understanding.

Commitment.

Caring.

President's Message



Hello and welcome to the Legacy Newsletter for July and August. I'm pleased to say we have another Legacy Youth to read about in this issue. Kalani Hocking has been a Youth Ambassador for the last few years and she is doing a great job projecting a young face of Legacy into the community. She is a wonderful role model and mentor for our youngsters.

It seems some time ago, but this issue highlights the commemoration of Anzac Day. There is a gallery of images to recall what we were all doing on that day in April. From youth vigils, to the march, the laying of wreaths and then coming together to remember the sacrifice of those lost or injured. Wherever you were, I hope your day was good.

I was honoured to be invited to the West Torrens Widows Social Group on Friday 5th June. This luncheon was the final meeting of a long-established Club. Mrs Jean Edwards (100 years young) held court while the other remaining member, Mrs Marg Leo (also a centenarian) was unfortunately absent due to health. The gathering was a bitter-sweet occasion but we all enjoyed the celebration with flowers and a glass of bubbles, and with Jean and her daughter recalling many hilarious stories. We remembered Legatee Peter Scott (dec) and thanked Legatees Ian Fitzgerald and Deane Motteram, and the other Legacy friends for their long-standing support. For those who have been a part of the West Torrens club, well done you!

I was also lucky to join in on the Veterans' Families Day on 15th May. This is now a regular event in the South Australian calendar since its announcement by the SA Minister for Veterans Affairs in 2024. We actually celebrated twice! Around 80 people enjoyed a delicious morning tea at the Torrens Parade Group to mark the date and again at a monthly lunch at the Pavilion on 21st May. This day is very important as it recognises and celebrates the strength, resilience and sense of community shared by the families of our veterans.

Our centenary story in this issue is all about the second book written for Legacy in South Australia and Broken Hill. Following on from *Father Anonymous* (published in 1970), the second book *A Generation of Legacy Service* leads us through the next 20 years to the end of the 1990s. Both books are a fascinating insight into our social history over the 70 years from inception of Adelaide Legacy in 1928. I look forward to the next one!

There are many supporters of Legacy and I want to give a shout out to a few who have donated to us recently. Firstly, the Hampstead Rehabilitation Centre Sewing Hub ran a stall at the Royal Adelaide Hospital on Anzac Day and sent their proceeds our way. The West Lakes Rotary Club also donated part proceeds of their Anzac Day fundraiser to Legacy. Also the Australia Army Band in conjunction with the Burnside Council History Month performed a wonderful program of music and song on a Sunday afternoon in May with the collection coming to Legacy. We live in a wonderfully generous community don't we.

I have been on the road a bit lately visiting Ardrossan, Naracoorte, Nuriootpa, Port Lincoln and Strathalbyn to see our Legatees and to meet some of the Legacy families in those areas. Thanks for your very warm welcome wherever I've been.

There are lots of services available through Legacy so keep an eye on the information in this issue. Please make contact with your Legatee or with Reception if you have any queries or if you need some help navigating to a service in your area. Happy birthday to those celebrating another year. Stay well.

As always, yours in Legacy

Heather Willis

Legacy Youth Ambassador – Kalani Hocking

Kalani Hocking, 24, has been a Legacy Youth Ambassador in South Australia since 2024.

Having been born in Wollongong, Kalani lived in Albion Park, Kiama and Grenfell in NSW, before moving to Townsville in 2010 when her mother received her first posting to the North Queensland city. From there she moved to Ipswich, before settling in Adelaide.

Kalani's mother, Trudy, joined the Royal Australian Air Force in 2009, where she began her career as a military dog handler, working in aviation security. Sadly, Kalani lost her mother to cancer in 2022.

As the eldest of three children, Kalani has been involved with Legacy for several years, with the organisation supporting her family with educational grants and financial assistance. The grants have helped Kalani and her sisters with textbooks and other educational materials, and particularly as she has undertaken her Bachelor of Primary Studies (Honours).

Kalani is an avid reader with a massive book collection (not including those on her Kindle and tablet). She's also musical and can play 10 different instruments, enjoying the varying sounds from each of them. She also loves board games with friends. Working as a school support officer, Kalani would be the ideal person to have in a school environment to keep younger children engaged.

Thanks to Legacy, Kalani has appreciated the opportunity to meet and spend time with other youths at camps, family fun days and events. She and her sister were chosen to walk the Kokoda Track with 20 other Legacy youths in 2023. These opportunities have been life-changing for Kalani, allowing her to meet like-minded young people with shared experiences and to build life-long friendships.

With her stepfather and youngest sister moving to Ipswich for a posting at RAAF Base Amberley, Legacy has stepped in to provide support to Kalani by creating a family environment, while that doesn't replace the love and care she misses from her mother, Legacy's members have shown empathy and provided a shoulder to lean on. She has been able to share her life moments with her Legacy family, including her recent marriage to Jonty.



Intergenerational Luncheon

Our Intergenerational Luncheon on 12th April brought beneficiaries together at the Elephant and Castle Hotel for a lovely afternoon of dining and conversation. The atmosphere was warm, welcoming, and wonderfully relaxed, just the kind of setting where good company and good food come together effortlessly.

These lunches offer so much more than a meal, they create meaningful connections across generations, spark lively conversation, and give everyone a valued opportunity for social interaction in a friendly, comfortable space. Laughter filled the room, stories were shared, and new friendships grew alongside familiar ones.

A heartfelt thank you to everyone who attended and helped make the day so special. We're already looking forward to the next one.



May Luncheon

Our May Beneficiary Luncheon held something especially meaningful this year as we extended our acknowledgment of Veteran Families Day, honouring every one of our beneficiaries who joined us.

Veterans' Families Day is more than a date on the calendar. It is a moment to pause and recognise the families who carry the weight of service alongside their loved ones. Their sacrifice is quieter, but no less profound. During the luncheon, we shared a short film featuring one of our legacy families who generously opened up about their journey, their resilience and the moments of light along the way. Hearing them speak about how their connection with Legacy has steadied and strengthened them was a powerful reminder of why this community matters. They spoke of belonging, of being seen, and of finding a community in a place they never expected to need one.

To every beneficiary who joined us and to every Legacy family walking this road, you are the heart of everything we do.



Veterans' Families Day Morning Tea

On 15th May, the Torrens Parade Ground came alive as our Legacy families gathered for our Veterans' Families Day Morning Tea.

Legacy's President, Legatee Heather Willis, delivered a powerful message celebrating the incredible strength of our Legacy community and the bond we share. We were also thrilled to show our new video, featuring one of our Legacy families sharing their inspiring journey, a beautiful tribute to the courage, resilience, and hope that define veteran families everywhere.

Throughout the morning we celebrated the spouses, children, and loved ones of those who have served. Your strength inspires us. Your stories move us. And our promise remains as strong as ever, you will never walk alone.

To everyone who joined us, shared a story and a smile over a cuppa, thank you for making the morning unforgettable.



Legacy Art Group



*President Heather Willis accompanying
The Legacy Art Group on their tour
through the Art Gallery of South Australia*

The Legacy Art Group enjoyed a coffee together on 19th May and took a guided tour through the Art Gallery of South Australia with a 'history' theme to celebrate the month-long SA History Festival. The fascinating tour concluded with a stunning work by Japanese artist Chiharu Shiota entitled 'Absence'.

The group meets on the third Wednesday of each month at the Art Gallery of South Australia for guided tours led by gallery staff.

To register your interest in attending, please contact [Jane Minney](#) on **0417 882 591**.

Anzac Day 2026 Commemorations

Anzac Day 2026 — a day of reflection, honouring, and remembrance. On the eve of Anzac Day, Legacy Youth Hunter and Charlotte had the honour of placing a floral tribute at the Anzac Eve Youth Vigil at the South Australian National War Memorial. At dawn, the Legacy President placed our wreath at the State Memorial and others paid our respects at monuments across the state.

From there, we marched alongside our veteran community at the RSL South Australia Anzac Day March and gathered at the Cross of Sacrifice where Legacy Youth Ambassador Kalani proudly read the Ode. The Legacy contingent in the Adelaide march includes Former Wards, some of whom participate every year, like Joanne Field who has been coming along for the past five decades.



Hunter & Charlotte



Governor Adamson, Malei, Kalani & L/ Sue Moorehead



Former Ward Joanne Field and President L/Heather Willis



Former Ward Chris Pitcher & Yvonne Towler - a beneficiary visiting from WA



L/ Pam Pratt, Cherylea Willams & L/ Sue Moorhead



L/ Andrew McLaughlin & Board Chair Meredith Wyles



Legacy Youth with President Heather Willis & CEO Dan Demaria



Legacy Contingent

Anzac Day 2026 Union Street Party

The Union Hotel Anzac Day Street Party in Waymouth Street Adelaide was a chance to come together in remembrance and support of our defence community.

Our amazing Legatees and volunteers were kept busy on the BBQ and collecting donations, while our Legacy Bear mascots brought plenty of smiles, hugs, and some impressive moves on the dance floor!

Thank you to everyone who supported Legacy on the day.



Introducing a new Will-writing partnership for our community



Legacy House is pleased to share a new initiative designed to make one important task a little easier.

As part of our digital transformation project, we've partnered with Safewill to provide our community with access to a simple online Will-writing service.

We know that for many people, writing a Will is something that sits on the "to do" list, not because it isn't important, but because it can feel time-consuming, costly, or difficult to start.

Through this partnership, we're able to remove some of those barriers. Over the coming weeks, we'll be sharing more information about how the service works, if it's something you'd like to complete. As a Safewill partner our community can receive a will for 50% off the normal fee.

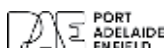
You can learn more about leaving a Gift in Will to the Legacy Club of South Australia & Broken Hill here: <https://www.legacysa.org.au/get-involved/gift-in-will>

An exciting new exhibition in support of Legacy

The poster features a vibrant, colorful artwork by Vera Dulic titled 'The Sun That Blooms'. The artwork depicts a sun-like mandala with a rainbow-colored center, surrounded by intricate blue and green patterns, and a field of blue and white flowers at the bottom. The text 'MOMENTS IN COLOUR' is prominently displayed in large white letters on a blue background. Below this, on a green background, is the text 'LEGACY CHARITY EXHIBITION', 'JUNE 21 - JULY 4, 2026', 'OPEN DAILY', and '10.30AM-3.30PM'. A small caption at the bottom left reads 'Image: 'The Sun That Blooms' by Vera Dulic'.



BLACK DIAMOND GALLERY, 66 COMMERCIAL ROAD, PORT ADELAIDE
OFFICIAL LEGACY FUNDRAISER



Mark Butler MP Federal Member for Hindmarsh

It's Christmas in JULY!



\$15
Large
(1 x 800g)

\$11
Small
(4 x 100g)



**Visit your local Beyond Bank branch
in July to purchase your puddings.**



**Serving the
families of those
who served.**

Beyond Bank
AUSTRALIA

Discounted weekly tickets at metropolitan hospitals

Did you know you can save on Hospital Parking with Discounted Weekly Tickets?

If you or a loved one are making regular trips to a South Australian metropolitan hospital, you may be able to pay far less for parking than you think. Discounted weekly parking tickets for patients and families are available.

The following hospitals have these weekly discounted tickets on offer.

Hospital	Cost	Who can buy	Where to buy
Flinders Medical Centre (FMC)	\$55	Relatives of inpatients only	Car Park Office during opening hours. Patient details verified prior to the transaction.
Hampstead Rehabilitation Centre (HRC)	\$55	Anyone	Car park pay stations or the Car Parking Officer.
Lyell McEwin Hospital (LMH)	\$55	Anyone	Car park pay stations or the Car Parking Officer.
Modbury Hospital	\$55	Anyone	Car park pay stations or the Car Parking Officer.
Noarlunga Hospital	\$55	Anyone	Car park pay stations or the Car Parking Officer.
The Queen Elizabeth Hospital (TQEH)	\$55	Anyone	Car park pay stations or the Car Parking Officer.
Royal Adelaide Hospital (RAH)	\$55	Relatives of inpatients only	RAH Newsagency during opening hours. Patient details are verified prior to the transaction.
Women's and Children's Hospital (WCH)	\$46	Relatives, carers and escorts of consumers only	WCH Transport Office during office hours. You will be asked for your vehicle registration number when purchasing your ticket.

AVCAT Scholarships

AVCAT has long been committed to easing the financial burden on veteran families, recognising the sacrifices made by those who have served our nation. The Scholarships are a wonderful initiative supporting the children of Australian veterans in pursuing their university education.

Applications for the upcoming round open on **18th August** and close **31st October**. Full details can be found at avcat.org.au.



2027 Scholarships

**Tertiary scholarships for children and grandchildren of
Australian ex-serving veterans**

\$4000-\$6000 a year, for 3 years

Eligibility Criteria for all scholarships

- Australian residency or citizenship
- child or grandchild of an Australian ex-serving veteran
- full time tertiary student in 2027

Additional eligibility requirements for specific scholarships can be found on our website

Applications open 18th August - 31st October 2026

Apply online at avcat.org.au

Clements Gap Soldiers Memorial Church Centenary

Legatees Ian Tod and David Schmitt from Mid North Legacy Group attended the centenary of the Clements Gap Soldiers Memorial Church early this year. The church was built by the community in honour of local soldiers who did not return from the Great War.

The Legatees were honoured to meet two former Wards, twins Di McMahon and Jillian Chancellor, and joined them in laying a wreath for their father who died in World War II. Di and Jillian were only three months old and never got to meet him. They said that Legacy was a big part of their lives growing up and they were extremely thankful for all that Legacy did for them and their mother.

It is always wonderful to meet people in the community who have such a strong connection to Legacy.



*Legatees Ian Tod, David Schmitt,
Di McMahon, Jillian Chancellor*



*Legatees Ian Tod, David Schmitt, Di McMahon and
Jillian Chancellor laying a wreath*

The final meeting of the West Torrens Social Club

A final meeting of the West Torrens Social Group, formerly the West Torrens Legacy Widows Club, was held at Bucklands North Plympton, on Friday, 5th June, with recent Centenarian Mrs Jean Edwards in pride of place. Jean had been Treasurer for many decades of the Widows Club, which held its meetings at the West Torrens RSL, which had looked after the Widows for many decades.

Legacy President Heather Willis presented some lovely flowers to Jean, who was very appreciative. Flowers were also delivered to Marg Leo the other remaining member, also a centerian. Well done ladies.

The West Torrens Legacy Widows Club had over 60 members, and was a hive of activity, with lunches, bus trips, and social events with other clubs. The West Torrens Mayor, Hon. John Trainer, was a frequent visitor.

Legatee COL Peter Scott DSO OAM looked after the Club for decades, passing in May 2025, and was a well respected attendee at their monthly meetings. L/Ian Fitzgerald was associate Legatee.



*(From left) L/ Ian Fitzgerald, Dr Susanne Jones, Mark Garrett,
Ms Margaret Chandler, Centenarian Mrs Jean Edwards,
Mrs Christine Dixon, President Heather Willis, L/ Deane Motteram*



President Heather Willis & Jean Edwards

After the Widows Club transitioned to a Social Club, regular lunches were held at The Highway Inn, on Anzac Highway, where many descendents regularly joined in to keep in contact with the Legacy Widows, and many are in the group photo.

Lorna's long life of community service

'Take an interest': SA woman's advice at 112



Lorna Henstridge, of Bordertown, is celebrating her 112th birthday today; and (inset) as a child. Main picture: Emma Brasier

Evangeline Polymeneas

When Lorna Henstridge was 20, she would hire a horse from a stable in Prospect and ride it all the way to the beach with her sister.

"There was no housing at that stage," the 112-year-old said.

"I was very fond of horses."

Born in Adelaide in 1914, Ms Henstridge was raised on a farm near Bute, on the Yorke Peninsula, with her two siblings – which developed her love for horses.

She eventually moved back to Adelaide to live with her grandmother in her young adulthood.

Now, Ms Henstridge lives in a Bordertown aged-care facility and celebrates her 112th birthday today.

Having lived through two world wars, she lived independently until the age of 105, the age she was when she spoke to five-year-olds to "let them see what the difference was" in their ages.

The great-grandmother to nine children and grandmother to seven, still owns a home in Keith where she spent much of her life and regularly contributed to the community.

"Take an interest ... for example, I helped in the library during the war," she said.

"I played at church when

I helped in the library during the war

Lorna Henstridge
celebrating her 112th birthday

they were lacking in pianist and the library. I was interested in the books, so I helped in the library."

Ms Henstridge has dedicated her life to community ser-

vice. While living in Adelaide, she fundraised for the junior Red Cross and helped run an open house for troops.

Later, after moving to Keith where she met her husband, she stepped into leadership as the president of the local golf club – where her husband was a club champion.

One of her three children, Jennie Jacobs, said it was "amazing" her mother had reached 112 and still able to go out have coffee, enjoy and hold a conversation.

"That's probably the most amazing thing about it," the 80-year-old said.

Ms Jacobs said she was most grateful that her parents were

able to send her and her sister to St Peter's Girls School and her brother to Prince Alfred College for schooling.

"In those days that would've been extremely difficult and hard and they would've had to do without," she said. "It was amazing they did that, they went without so that we could get a good education."

Ms Henstridge's 112th birthday comes after World War II veteran Colin Wagener celebrated his 108th birthday in December.

The secret to his longevity? "The best thing, find an ancestor that's made 100 before you," Mr Wagener said.

PAGE 36: EDITORIAL



Birthday Celebrations



We would like to wish the following beneficiaries a very Happy 100th Birthday for May and June



Esma Hein

Betty Moeller

Betty Whiting

Pauline Dawe

Esma Hein

Delna Bradford

Stella Altmann

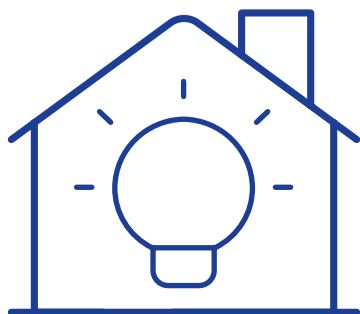
Betty Manning

Freda Steven

June Beare

Doreen Gunner

Legacy Utility Grant



Did you know that Legacy provides a Utility Grant to help alleviate energy costs in the home (e.g. electricity, gas, firewood). The means-tested grant is up to \$500 and is issued twice a year. If you are interested, please contact your Legatee or the Community Services team for a Financial Assistance form.

For more information call **08 8231 9812**.

Bequests

We wish to thank and acknowledge the vital support received from our supporters who have left a gift to Legacy South Australia & Broken Hill in their will. We continue to serve the families of those who served, through the generous support of our Legacy Family and Friends.

If you have any questions about how you might help Legacy through leaving a gift in your will, please phone Legacy South Australia & Broken Hill on **08 8231 9812**.

Previous Rejected Claims from Department of Veterans Affairs

Some of our Beneficiaries may have had a claim in the past not accepted by DVA however as the years roll on, circumstances often change and a claim that may have been not accepted at the time, may now be.

If any of our Beneficiaries would like assistance in having a historical claim reviewed please contact our Community Services department by calling **8231 9812**.

What's On



Where

Adelaide Pavilion
Veale Gardens corner South Terrace
and Peacock Road

When

Friday 21st August 2026
Arrival from 11.30am
Lunch Commences at 12.00pm

RSVP

Friday 7th August

Email familyservices@legacysa.org.au
or Telephone **8231 9812**

Free for Enrolled Beneficiaries

*Please advise of any dietary requirements when booking
Please note seating preference on the day cannot be guaranteed*

August Beneficiary **Luncheon**



Where

Adelaide Pavilion
Veale Gardens corner South Terrace
and Peacock Road

When

Wednesday 23rd September 2026
Arrival from 11.30am
Lunch Commences at 12.00pm

RSVP

Friday 28th August

Email familyservices@legacysa.org.au
or Telephone **8231 9812**

Free for Enrolled Beneficiaries

*Please advise of any dietary requirements when booking
Please note seating preference on the day cannot be guaranteed*

September Beneficiary **Luncheon**



Legacy Widow's Club & Social Groups

Below is a list of our Widows' Club & Social Groups. If you are interested in joining, please contact the Community Service Team on **08 8231 9812**

Berri/Barmera Social Group	Lockleys Widows' Club	Renmark Social Group
Blackwood Social Group	Lower South East Social Group	Stirling & Dists Social Group
Brighton Social Group	Loxton Social Group	Strathalbyn & Dists Social Grp
Central Districts Social Group	Manningham Social Group	Tea Tree Gully Widows' Club
Clare & District Social Group	Marion Social Group	Victor Harbor Social Group
Cnl Light Gdns Widows' Club	Mt Barker & Dists Social Group	Waikerie & Dists Widows' Club
Gawler Social Club	Noarlunga Centre Social Group	West Croydon Social Group
Goolwa Social Group	Plympton Social Group	Woodside Social Group
Kilburn Social Group	Port Adelaide Social Group	Yorke Peninsula Social Group
Largs Bay Social Group		



Legacy Widows' Club and Social Group Floral Emblem



The **Brighton Social Group** is represented by the Golden Wattle.

Lemon Crackle Biscuits



Ingredients

100g salted butter, chopped

1 1/4 cups plain flour

1/4 cup self-raising flour

1/4 tsp bicarbonate of soda

1 1/4 cups caster sugar

1/4 cup desiccated coconut

2 tbs finely grated lemon zest

1 egg

1/2 cup icing sugar mixture

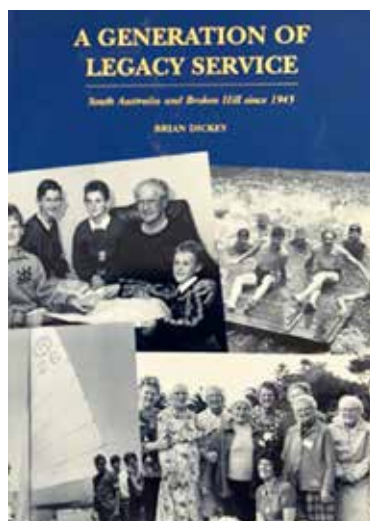


Method

1. Preheat oven to 180°C/160°C fan-forced. Line 2 large baking trays with baking paper. Place butter in a small microwave-safe bowl and microwave for 30 seconds or until melted. Set aside for 10 minutes to cool.
2. Meanwhile, sift flours and bicarbonate of soda into a large bowl. Add 1 cup caster sugar. Stir in coconut and lemon zest until well combined. Add egg to melted butter. Whisk to combine. Add butter mixture to flour mixture. Mix until well combined.
3. Place remaining caster sugar in a small bowl. Spread icing sugar on a large plate. Roll level tablespoonfuls of dough into balls to make 25 balls. Roll balls, one at a time, in caster sugar to coat lightly, then icing sugar to coat generously. Place balls, 5cm apart, on prepared trays. Bake for 12 minutes or until just dry to the touch. (Don't overcook as biscuits will firm up once cooled.) Set biscuits aside on trays for 5 minutes before transferring to a wire rack to cool completely. Serve.

Centenary of Legacy History item #13

Our Second History Book



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It was in the last years of the 1960s when the Club, then the Legacy Club of Adelaide Inc. was just over 40 years old, that the Board decided the good work of Legacy in South Australia, Broken Hill and Northern Territory needed to be recorded.

By this time the veterans of WWII, the second generation of Legatees had taken over the Club leadership positions from the WWI men who had established the Club. Dependant numbers had increased significantly as a result of WWII.

Thus, 'Fathers Anonymous: Legacy in South Australia, Broken Hill and Northern Territory', Ed. Dudley Coleman and Authored by Frank Silwood and Legatees, was published in 1970. It largely recorded the work of the first generation of our Legatees.

With the Club's 70th Anniversary on the horizon it was decided to celebrate this milestone by commissioning a second history of the club's work covering the period since WWII and thus highlighting the work of the second generation of our Legatees..

In those days all Past Presidents were members of the Membership & Traditions (M&T) committee which was chaired by the current President. A History sub-committee led by the late Legatee Bronte Miller was given the task of overseeing a project to produce such a historical record in the form of a book. Mr Graham Nancarrow who had many years' experience with an Adelaide printing company generously provided invaluable assistance with the technical aspects of the project.

The book was the subject of a Book Publishing Agreement between Legacy and Dr Brian Dickey (Associate Professor in the Flinders University History Department) and Flinders University. Legacy commissioned the author to research, write and prepare the book for publication with Flinders University providing support and resources to the author. He undertook to produce the first draft of the book by 31st July 1997 for publication in time for the 70th Anniversary in 1998.

Brian Dickey enlisted the assistance of Dr Pauline Payne and particularly to write about the Legacy Widows Clubs. Hyde Park Press was the selected printer, and the resultant book was of 156 pages including some 61 pictures and a number of tables including lists of Group Chairmen of each Legacy Group since the Group's inception. SA Governor and Legacy Patron, H.E. the Hon Dame Roma Mitchell AC DBE kindly provided The Forward.

1,500 copies plus 20 hardback presentation copies were printed at a cost of \$26,000 funded by the Club's Membership Account. A grant of \$2,000 from the 1975 DVA 'Australia Remembers' Activity Program offset some of the cost.

Centenary of Legacy History item #13

Our Second History Book

The book was widely distributed, and it was decided to forward copies with an invoice (\$15 including \$3 p&h) to each Legatee. This intention was highlighted in successive Legacy Bulletins with the request that any Legatee who did not wish to receive a copy, phone Legacy House and be deleted from the distribution list. In the event some 50 Legatees who received their copy complained and declined to pay the \$15. So much for the assumption that Legatees read their monthly Bulletin!

In the concluding Chapter of the book¹, Brian Dickey noted that in 1997 the number of widows 'has continued to raise towards 12,000' and that this included 'about 80 widows of WWI which ended almost 80 years ago.' Further that 'the number of widows is 'now expected to peak in five to seven years at perhaps 13,000'². Also, of the 630 active members (Legatees) some 36% were 'members in city and country'.... It is that newer, relatively younger third that will be responsible for deciding the future policy of the club as the World War II generation eventually goes.' With the cautionary comment 'as long as the club continues to recruit such people'. Thus, the future of the club was being passed to a third generation of Legatees.

In the Preface to the book, the then Legatee President (the late Cedric Wells) noted³ that:

'Dame Roma Mitchell in her Forward has written concerning this story of the Club activities during the past fifty years 'it is fitting that it be told now'. It is fitting, because before long the majority of today's Legatees will not be available to pass on to the next generation the great storehouse of experience built up over the past fifty years. This history, sensitively and critically written by Drs Brian Dickey and Pauline Payne, serves to preserve some of that wisdom and its background. ... Legacy must most certainly continue as a vibrant organisation for decades to come in order to honour its original and enduring purpose, but the Legacy way of caring for others might also appeal to other organisations as a model to follow and thus be carried far into the future in other fields. ... The Legacy Club of Adelaide offers this further record of its work as a celebration of its 70th Anniversary, as recognition of the contribution and comradeship of its past members, and as a stepping stone for its future development and service.'

Perhaps we may leave the last word to the Advertiser journalist in his 17th January 1998 review of A Generation of Legacy Service (below).

The Advertiser Sat 17 Jan 98 p 19

Chronicling veterans' lasting Legacy

FOR decades, the Balfours Cafe at 58 King William St was one of Adelaide's most popular eating houses. Though now long gone, a host of South Australians still hold fond memories of the cafe's good tucker and genial atmosphere.

For many, the cafe was the scene of personal milestones – a first date, a wedding reception, a special birthday.

But there can have been few luncheons at Balfours as significant to so many as that held in January, 1928, by a small group of prominent South Australian World War I veterans. They had gathered to consider the formation of the Legacy Club of Adelaide.

On January 19, 1928, an article appeared in Adelaide's newspapers promoting the idea of the club. The following week, another article appeared in *The News* explaining the

objects of the club, whose membership would be restricted to veterans – "... to observe the memory of fallen comrades and to assist dependants, particularly children who have been left without the guidance of fathers. To a large extent, members of the club will act as parents to these children ...".

In *A GENERATION OF LEGACY SERVICE*, Brian Dickey, associate professor of history at Flinders University, tells the story of Legacy in SA and Broken Hill since 1945, when a second generation of returned servicemen assumed the mantle of caring for the children and widows of fallen mates.

While the book traces the post-World War II history and achievements of Legacy, which Dame Roma Mitchell describes in her foreword as a "shining light in the area of service", author Dickey also looks to the future.

With time, the role of Legacy has changed. In the first years after World War II, the children were the central concern of the club. But as the children, known as wards, grew into adulthood, the focus moved to the widows of veterans.

Today, there are about 12,000 widows on the club's books – around 80 of them from World War I. The total number is expected to peak in five to seven years at perhaps 13,000 – including widows of those who served in Korea, Malaya, Vietnam and other armed conflicts in which Australians have been involved.

Legacy has also extended its role to the care of the dependants of servicemen killed in "hazardous service or training for war", for example the 1996 Blackhawk helicopter disaster.

As the widows increase, the number of veterans, and therefore Legatees,

decreases. They know, says Dickey, "that their generation of service is coming to an end, for time has caught up with them". Yet there are "at least another 20, even 30, years of hard work ahead for those who survive, always assuming the nation can avoid war and its inevitable costs".

To this end, Legacy has widened its membership base to include younger men, those with Reserve service and former Legacy wards.

Meanwhile, "the World War II generation can pass on the task, conscious of a job well done".

■ Copies of *A Generation of Legacy Service: South Australia and Broken Hill since 1945* are available from Legacy House, 102-104 Franklin St, Adelaide, at a cost of \$12.

CHRIS BRICE **71**

Legatee Don Stewart

15th May 2026

¹ A Generation of Legacy Service, page 141.

² The numbers of widows peaked at 12,223 at end June 2002. Data from Adelaide Legacy records refer.

³ Ibid, Page ix.

Support Agencies & Information

To make an appointment with any of these services, please contact the Legacy Community Services Team on **08 8231 9812**.



Legal Advice — Mark Turner (Scales & Partners)

1st Monday & 3rd Thursday of each month between 12:30pm and 2:00pm. The initial consultation is free and follow-up, such as Wills or Power of Attorney and the like, will attract a moderate fee.



Real Estate Advice — Debbie Glastonbury

4th Wednesday of each month between 10:00am and 11:00am.



Legacy Equine Therapy — For Social and Therapeutic support

The session includes an introduction to the horses, close interactions and petting but no riding. If you have a good level of mobility, make an appointment.



Home and Garden Maintenance — We Care Home & Garden

Locations

- Strathalbyn
- Mt Barker, Nairne, Little Hampton
- Port Elliot, Goolwa
- Mt Barker
- Echunga
- Possible Metropolitan locations - telephone to discuss

Rates

- Singular - \$65 an hour
- Team - \$120.00 an hour

Jobs

- General handyman
- Gardening

For more information or to book, please contact Steve on **0401 124 141** or steve@wecarehomeandgarden.com.au



Mobile Beauty and Wellness Services — Bedside Beauty and Wellness

Staff are fully qualified, experienced and specially trained to work in these sectors, in hospitals, with the elderly, and with those who have little or no mobility. They visit most metropolitan homes, hospitals, rehabilitation and aged care facilities, and work with over 45 leading home care and disability care provider partners.

Their treatments include: hand and foot care, therapeutic massage, face and skin care, waxing and hair removal, and hairdressing.

For more information or to book a service, check out the website bedsidebeauty.com.au or call Bedside Beauty and Wellness on **0422 629 447**.

Support Agencies & Information

Companion Driving Service — Driving Miss Daisy

Driving Miss Daisy is a driving service offering passengers help and friendly assistance for their daily needs; with a knock on the front door, pick up and return. Peace of mind every time.

Whether it's to an appointment or a visit to the shops or simply to catch up with friends, with Driving Miss Daisy you have a trusted friend who will arrive on time and get you there and back.

Our prices are affordable and similar to the usual taxi or limousine service but with the added Daisy help and assistance.

If you qualify for NDIS or Aged Care assistance, then we will complete the work and invoice your provider. Our charging is based on time and distance and prices are quoted on the requirements of each individual journey.

Join the thousands of others who have enjoyed the Driving Miss Daisy service.



Driving
Miss Daisy®

We're There For You



Driving Miss Daisy Service Locations

Aldinga

P: 0461 345 547

E: aldinga@drivingmissdaisy.com.au

Burnside (and surrounding suburbs)

Pete and Jo Goodwin

P: 0460 306 553

E: BurnsideSA@drivingmissdaisy.com.au

Dernancourt (and surrounding suburbs)

Mandy Fielke

P: 0477 917 970

E: dernancourt@drivingmissdaisy.com.au

Henley Beach (and surrounding suburbs)

Jason Rasiah

P: 0428 099 770

E: henleybeach@drivingmissdaisy.com.au

Mount Barker (and surrounding suburbs)

Ben Jackson

P: 0419 666 548

E: mountbarker@drivingmissdaisy.com.au

Noarlunga (and surrounding suburbs)

Nik Vaalele

P: 0488 198 346

E: noarlunga@drivingmissdaisy.com.au

Financial Assistance

As the current geo-political situation unfolds in the Middle East, fuel costs and the cost-of-living in general is increasing and may continue to do for some time.

If you need additional financial assistance, please do reach out to your Legatee or contact our **Community Services** office direct on (08) 8231 9812 or familyservices@legacysa.org.au

We are here to help.

Pine Cottage

Holiday House, Victor Harbor



Located within walking distance to shops and local eateries and a short drive to the beach and other township attractions. The self-contained property has everything to make your seaside holiday a comfortable and pleasant experience.

Pine Cottage bookings for 2026 are now open

Call 8231 9812 to book in.

The cost is **\$420 per week**, Friday afternoon to the following Friday morning.



Serving the families of those who served.

Legacy Assistance and Support



Telephone
08 8231 9812



Email
familyservices@legacysa.org.au

Legacy beneficiaries with an allocated Legatee are encouraged to make contact with their Legatee for advice or assistance. If you are unable to contact your Legatee, or if you do not have an allocated Legatee, **you can contact a Community Services Team Member at Legacy between the hours of 9am and 4pm, Monday to Friday.**



Types of support available:

- Financial support i.e. education, utility, driving lessons
- Holiday accommodation
- Compensation advocacy
- Legal advice
- Information provision
- Family Days (social support)
- Social work team

Support Services



Open Arms

Face-to-face and tele-health counselling.

1800 011 046



Mens Line

Telephone and online counselling service for men.

1300 789 978



Beyond Blue

24/7 suicide prevention and crisis support.

1300 224 636



Kids Helpline

24/7 online and phone service for young people aged 5-25.

1800 551 800



Suicide Call Back Service

24/7 phone and online counselling to people affected by suicide.

1300 659 467



1800 Respect

24/7 support to people impacted by domestic, family or sexual violence.

1800 737 732



Lifeline

24/7 crisis support.

13 11 14



Safe Zone Support

24/7 counselling for all current and ex-serving ADF personnel, veterans and their families.

1800 142 072

Legacy Calendar

JULY 2026	AUGUST 2026	SEPTEMBER 2026
5 TH Legacy Family Day <i>Warrawong Wildlife Sanctuary</i>	11 th The National Census	6 th 111 th Australasian Soldiers Dardanelles Cenotaph
15 th Legacy Art Group	19 th Legacy Art Group	16 th Legacy Art Group
15 th Club & Social Group Executives Luncheon <i>Adelaide Pavilion</i>	21 st Beneficiary Luncheon <i>Adelaide Pavilion</i>	23 rd Beneficiary Luncheon <i>Adelaide Pavilion</i>
	27 th Legacy Week Corporate Breakfast	
	30 th August to 5 th September Legacy Week	

Update your details

Please let us know if your details have changed via the form below

Name:

Date of Birth: / /

Previous Address:

New Address:

New Phone Number:

New Email Address:

- ☐ Own House / Unit
- ☐ Renting
- ☐ Retirement Village
- ☐ Aged Care

Please return to:
Information Officer
Legacy Club of SA and BH Inc.
GPO Box 1367
ADELAIDE 5001
records@legacysa.org.au

Other:

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