

Newsletter

Serving the families of those who served.

Published by the Legacy Club of South
Australia & Broken Hill Inc.
ABN 48 827 750 273

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LegacySAandBH

May/June 2026



Legacy at Port Adelaide!

Legacy SA & BH President Legatee Heather Willis and CEO Dan Demaria attended the Port Adelaide Legacy Group meeting on Tuesday 10th March. A special guest attending the meeting was Pam Coombe, who is the coordinator for the Largs Bay Social Group who meet on the fourth Friday of each month. Pam has been fulfilling this role for over 20 years and was presented with a gift basket by Legatee Brian McArthur as a token of the Port Adelaide Legacy Group's appreciation. Group Chair Legatee Peter Rowell thanked the President and CEO for their attendance and update from Legacy House.

Image (left to right), Port Adelaide Legacy Group, CEO Dan Demaria, President L/Heather Willis and Pam Coombe

President's Message



Hello and welcome to the Legacy Newsletter. We are well and truly approaching the cooler months with trees turning beautiful hues and flowers showing off their autumn colours. It's a great time for cool weather gardeners.

The last Newsletter included an article about the Legacy Youth Ambassador Program and we showcased one of the first to take on the role. In this issue we put the spotlight on another: James Orayan. Well done to James for his excellent contributions as a Youth Ambassador!

We continue to support youth of all ages and in this issue we cover a few activities that Legacy families have enjoyed recently. Beneficiary Clubs and Social Groups have also been out and about. The Mount Barker group enjoyed lunch at Bracegirdles in Hahndorf (chocolate!) and the Woodside group took a scenic tour to the Barossa (wine!). Let's see some more photographs of your group's excursions, they provide great ideas for others.

The monthly Beneficiaries luncheons kicked off again in Adelaide during February with ongoing themes about connection and celebrating achievements. As you will see, those who attended had a great time. More events are planned in May and June so I encourage you to come along if you can, they are good fun. Country visitors are always welcome.

I had great pleasure in representing Legacy at some recent anniversary events during March, including the Royal Australian Navy and the Australian Army (both 125th anniversaries) and the Royal Australian Air Force (105th anniversary). The Air Force Association SA also recognised the service of women this year on the 85th anniversary of the formation of the Women's Auxiliary Australian Air Force. These women were true pioneers of the modern RAAF where women are now integral to all facets of the Service. It was wonderful to see Mrs Rae Harris, a 100 year old WAAAF veteran, also in attendance. Legacy is well supported by the Australian Defence Force and it is heartwarming to be invited to help celebrate their achievements.

What's next? Veterans' Families Day held on 15th May 2026, is now firmly on the annual calendar as a date recognised by the State Government of South Australia. To celebrate, Partners of Veterans Association will be hosting an event on Sunday 17th May. See the flyer on page 7 for all the details. We hope to see you there!

If you are considering a getaway to a lovely coastal town, Pine Cottage still has availability from May to July. Located in picturesque Victor Harbour, it is close to the beach, shops and eateries, and is perfectly situated to adjacent towns and countryside. Autumn and winter can be perfect seasons for a slow, relaxing week by the sea.

We are all very conscious of the rising costs of living and particularly the escalation in fuel prices at this time. If you have concerns about that and need some support, please contact your Legatee or the Community Services team at Legacy House.

I hope you had the opportunity to celebrate International Women's Day in March and that you had a good day on Anzac Day wherever you were. I will be on the road again during May and June with regional visits to Yorke Peninsula, Eyre Peninsula, Upper South East and the Barossa, I hope to see some of you then. Happy birthday to those celebrating another year, particularly the centenarians. Stay well.

As always, yours in Legacy

Heather Willis

Legacy Youth Ambassador – James Orayan

James Luiz Orayan, the child of a Vietnam veteran, spent much of his earlier childhood in the Philippines before moving to Australia.

James' father, Charles Ernest James Talbert, was a Warrant Officer Class 1, serving in the Vietnam War for two years, including in the jungle for two months. Travelling to Vietnam at the age of 19, Charles was the same age, going to war, as James is now.

While at school, James received support from Legacy to kickstart his studies, including for school fees, funding for school equipment and uniforms, and through grants and reimbursements. This helped James to excel in his high school studies. He is now part-way through his third year of a Nursing Degree.

Through support from Legacy, including leadership training and mentorship, James has developed into a kind, considerate and humble young man who wants to help others, including easing the pressure people feel during their stay in hospitals and health services. He has also considered using those skills in the Australian Defence Force in the future.

Away from his studies, James spends time with his friends or socialising online. He loves music, describing himself as a casual musician — appreciating the piano that Legacy gifted him. He is also an avid reader.

Most importantly, Legacy has provided James with the opportunity to connect with a wider community that has experienced similar loss as that felt in his own family. As a Legacy Youth Ambassador, he has shared his story and offered support to other Legacy kids and teenagers who have gone through similar experiences, assisting them with their concerns while connecting on a more personal level.



February Beneficiary Luncheon

Legacy kicked off our 2026 Beneficiary Lunch series in February with a wonderful afternoon focused on something powerful — social connection.

With feelings of isolation and loneliness playing such a significant role in an individual's wellbeing, these monthly gatherings are designed to bring our beneficiaries together in a warm, welcoming space where conversations flow, friendships grow and everyone feels seen and supported. It was fantastic to reconnect with many of our regular attendees and equally exciting to welcome several new faces into the Legacy community.

Our lunches are all about meeting the needs of those we support and creating consistent, positive opportunities for engagement, laughter, and meaningful connection throughout the year. If February is anything to go by, we are in for a year filled with great company, uplifting moments and strong community spirit. We cannot wait to see what the months ahead will bring!



Mount Barker Social Group Luncheon

The ladies of the Mount Barker Social Group enjoyed an excellent day out in early March including a delicious lunch at Bracegirdles of Hahndorf (and maybe a sneaky chocolate or two!)



(Left to Right) Janet Frost, Lyn Sims, Claire Feltus, Margaret Harvey, Leonie Grant , Volunteer driver Kym, Katherine Duncan, Shirley Ryan, Muriel McGinty and Lynne Bartlett



Bracegirdles of Hahndorf

March Beneficiary Luncheon

Our Legacy beneficiaries recently came together to celebrate International Women's Day and this year's powerful theme, Balance the Scales. It's a reminder that progress happens when women stand side by side lifting one another, championing one another, and creating opportunities together.

We were fortunate to mark the occasion with an inspiring address from Legatee Ross Smith, who shared the remarkable story of Mrs Violet McKenzie. Among her many extraordinary achievements, what truly stood out was her unwavering commitment to rallying and supporting women during WWII. Through her leadership, skill, and determination, she empowered countless women to step forward, contribute, and serve. Violet McKenzie didn't just open doors she gathered others and walked through them together. That spirit of connection and collective strength perfectly reflects what Balance the Scales is all about.

Her story reminds us that when women support women, incredible things happen. We build confidence. We build capability. And most importantly, we build community.

This same spirit is alive and well within our own Legacy community, especially through our luncheons. Around the table, stories are exchanged, support is offered, laughter is shared, and bonds are strengthened. Each luncheon helps shape the caring and connected community that Legacy is so proud of.

On International Women's Day, we celebrated the trailblazers like Violet McKenzie who paved the way and we celebrated the women among us who continue to balance the scales every day through kindness, leadership, and support.



Legacy Art Group



(Left to Right) Jane Minney, Margaret O'Keeffe, Lynne Ryan, Mary Margetts, Chris Harrison, Debbie Glastonbury, Brenda Taheny, Elizabeth Swaine, Gwen Townsend, Tarina Lallyette, Judy Zajer and Robin Thurlow

The Legacy Art Group met in February for their first guided gallery tour of the year, exploring newly acquired artworks while enjoying a social morning together.

The group meets on the third Wednesday of each month at the Art Gallery of South Australia for guided tours led by gallery staff.

To register your interest in attending, please contact [Jane Minney](#) on **0417 882 591**.

Invictus

Legacy was thrilled to be part of the action at the Invictus Australia — South Australia Defence Community Sport Expo!

It was heartwarming to connect with so many wonderful families and our Legacy Army Bear was a superstar, joining in the fun from a lively game of pickleball to an exciting round of wheelchair football!

It was truly inspiring to see families engaging with the Legacy Army bear and stopping by the Legacy stand. We loved sharing how our range of services and support are making a difference. Thank you to everyone who came out and made the day so much fun.



Run Army 2026

On Sunday 29th March, Legacy was proud to be part of the Run Army event in Adelaide!

With sausages sizzling, kids smiling and plenty of four-legged friends enjoying the day (and a snag or two), it was a morning full of fun and connection.

A big thank you to everyone who stopped by for a sausage or a chat, and to our incredible Legatees for cooking the BBQ.

Congratulations to everyone who participated and well done to 9th Brigade — Australian Army on delivering a fantastic event.



Lockleys Widow Club 32nd Birthday Celebration



Lockleys Widow Club President Lona Wilson

What a wonderful occasion it was as the Lockleys Widow Club recently came together to celebrate a special milestone of 32 years of friendship, support, and connection! The room was filled with laughter, warmth, and the kind of joy that comes from a group of people who truly care for one another.

Legacy's Community Services Manager, Cherylea Williams, joined as guest speaker, sharing valuable insights into the wide range of support services available — a reassuring and timely reminder that beneficiaries are never alone.

A heartfelt thank you to Legatees Helen Rayner and Geoff Reynolds, whose care and support helped make the day so memorable.



VETERANS' FAMILIES DAY

— Hosted by the South Australian Branch of —

★ FREE! ★



**The Partners of Veterans
Association of Australia Inc**

★ FREE! ★

DENISON CENTRE / MOBARA PARK OVAL
14 Garden Terrace, Mawson Lakes

SUNDAY, 17TH MAY, 2026 | 10am — 4pm

We invite all Defence Force members, past and present and their families.
Let's celebrate with many exciting activities for young and old. **FREE!**



- Outdoor Games
- Wildlife
- Live Music & Entertainment
- Military Vehicles
- Prizes
- Lucky Dip
- Art & Craft Tables

- Face Painting
- Balloon Making
- Poppy Steps
- Veterans Gaming
- Prizes
- Sporting Celebrities
- Lots of Free Gifts



★ **FREE Sausage Sizzle & Refreshments** ★

AusAlert

What is AusAlert?

AusAlert is a new national emergency warning system that sends urgent messages to compatible mobile phones and other mobile devices in a specified area.

AusAlert will allow emergency services organisations and some Australian Government agencies to send targeted warning messages. The system will be more reliable, accurate and efficient than current systems. This means authorities can reach people quickly when it matters most, keeping Australians informed and helping to save lives and property. In the future, AusAlert will also send automated voice messages to landline phones.

An AusAlert message will tell you:

- what the emergency is
- where it is happening
- how serious it is
- what you should do
- who the message is from
- where to find more information



When AusAlert may be used

AusAlert may be used for a range of situations, including:

- Natural hazards, such as bushfires, floods, cyclones and tsunamis
- Public safety and security threats, such as serious public safety incidents or terrorism
- Biosecurity incidents, such as animal or plant disease and biohazard outbreaks
- Health emergencies, such as pandemics or other national public health events

The National Emergency Management Agency (NEMA) has contracts in place for AusAlert to begin operating from October 2026. From then, the Australian Government and state and territory emergency services organisations will be able to send alerts, subject to individual state and territory agreements.

There will be a national test on **Monday 27th July 2026**

During this test, all compatible devices across Australia will receive a test alert. This helps ensure the system works as expected before it is used in real emergencies.

The national test for South Australia will be **1:30pm ACST (UTC+9:30)**

DON'T TAKE THE RISK THIS SEASON

GET THE FLU VACCINE.



The **INFLUENZA** vaccine is recommended for anyone aged 6 months and over and provided **FREE** for those most at risk from influenza and its complications.

Ask about the influenza vaccine today.

health.gov.au/immunisation





Birthday Celebrations



We would like to wish the following beneficiaries a very Happy 100th Birthday for March and April



Una Backstrom



Beryl Excell



Kathleen Kemp

Nellie McCallum

Kathleen Kemp

Audrey Lewis

Maxine Rennison

Colleen Hearne

Gwenda Pate

Beryl Excell

Doreen Chenoweth

Elizabeth Mulvaney

Phylis Clayton

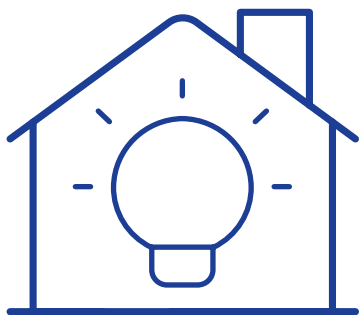
Joan Thomas

Doreen Burrridge

Jeanette Davidson

Laurel Winkley

Legacy Utility Grant



Did you know that Legacy provides a Utility Grant to help alleviate energy costs in the home (e.g. electricity, gas, firewood). The means-tested grant is up to \$500 and is issued twice a year. If you are interested, please contact your Legatee or the Community Services team for a Financial Assistance form.

For more information call **08 8231 9812**.

Bequests

We wish to thank and acknowledge the vital support received from our supporters who have left a gift to Legacy South Australia & Broken Hill in their will. We continue to serve the families of those who served, through the generous support of our Legacy Family and Friends.

If you have any questions about how you might help Legacy through leaving a gift in your will, please phone Legacy South Australia & Broken Hill on **08 8231 9812**.

What's On



Where

Torrens Parade Ground
1 Victoria Parade, Adelaide

When

Friday 15th May 2026
Arrival from 10.00 am
Official start at 10.30am

RSVP

Friday 1st May

Email familyservices@legacysa.org.au
or Telephone 8231 9812

Free for Enrolled Beneficiaries

Please advise of any dietary requirements when booking

Legacy Veterans Families Day Morning Tea



Where

Adelaide Pavilion
Veale Gardens corner South Terrace
and Peacock Road

When

Wednesday 17th June 2026
Arrival from 11.30am
Lunch Commences at 12.00pm

RSVP

Friday 29th May

Email familyservices@legacysa.org.au
or Telephone 8231 9812

Free for Enrolled Beneficiaries

*Please advise of any dietary requirements when booking
Please note seating preference on the day cannot be guaranteed*

June Beneficiary Luncheon



Legacy Widow's Club & Social Groups

Below is a list of our Widows' Club & Social Groups. If you are interested in joining, please contact the Community Service Team on **08 8231 9812**

Barossa & Light Group	Largs Bay Social Group	Renmark Social Group
Berri/Barmera Social Group	Lockleys Widows' Club	Stirling & Dists Social Group
Blackwood Social Group	Lower South East Social Group	Strathalbyn & Dists Social Grp
Brighton/Hove Widows' Club	Loxton Social Group	Tea Tree Gully Widows' Club
Broken Hill Club	Manningham Social Group	Victor Harbor Social Group
Burnside Group	Marion Social Group	Waikerie & Dists Widows' Club
Central Districts Social Group	Millicent Group	West Croydon Social Group
Clare & District Social Group	Mt Barker & Dists Social Group	West Torrens Social Group
Cnl Light Gdns Widows' Club	Noarlunga Centre Social Group	Whyalla Group
Gawler Social Club	Plympton Widows' Club	Woodside Social Group
Goolwa Social Group	Port Adelaide Social Group	Yorke Peninsula Social Group
Kilburn Social Group		



Legacy Widows' Club and Social Group Floral Emblem



The **Blackwood Social Group** is represented by the Protea.

Creamy Chicken Pasta



Ingredients

1/3 cup sun-dried tomato strips,
1 tbs oil from jar reserved

2 chicken breast fillets, cut into 2cm pieces

2 cloves garlic, finely chopped

2 tsp plain flour

385ml evaporated milk

1/4 tsp dried Italian herbs

300g large pasta shells

1/2 lemon, zested, juiced

60g baby spinach leaves

1/4 cup finely grated parmesan



Method

1. Heat reserved oil in a large deep frying pan over medium heat. Add chicken. Cook, turning once, for 3 minutes or until lightly golden. Add garlic. Cook, stirring, for 30 seconds or until fragrant. Add flour. Cook, stirring to coat the chicken, for 1 minute.
2. Add milk, tomato strips and herbs. Stir to combine. Simmer for 4 minutes or until mixture thickens slightly.
3. Meanwhile, cook pasta following packet instructions. Drain, reserving ½ cup cooking water.
4. Remove frying pan from heat. Stir in lemon zest, juice and reserved cooking water. Season. Add pasta, spinach and half of the parmesan. Toss gently until combined and spinach has wilted slightly. Divide among serving bowls. Top with remaining parmesan. Serve.

Centenary of Legacy History item #12 — Legatee Assistants

When Legacy was established in Melbourne in 1923 and Adelaide in 1928, only 'Returned' men from the Great War (WWI) with 'honourable service' could be a Legatee member (a Legatee). As we have discussed previously the term Legatee was adopted so that all members were considered equal not withstanding differences in social status, rank or honours.

The limitation of being a 'Returned' man to become a Legatee continued when the Legacy statutes were amended to include World War II operational service and then in 1967 that of the Korean War, Malayan Emergency, Indonesian Confrontation and the Vietnam War. In all cases prior to approval a copy of the prospective Legatee's war service was required to ensure that their discharge from the service was 'not due to misconduct'.

In the early 1970s, due to concern to expand the pool from which Legatees might be identified to meet the increased Legacy workload, it was proposed by then Adelaide Legacy 'to permit the Legacy membership of men with military service other than overseas, either one year full-time or five years part-time'. Such a change to the Legacy Code required approval at a Legacy National Conference and it was vigorously debated at three successive National Conferences¹.

At the 1972 Conference the Adelaide President in moving the motion, asserted that this was 'the only practicable solution to ensure that Legacy survives' and insisted that there would 'be no lowering of standards in selecting these new men'. He reiterated the 'urgency of finding more, and younger, men to do the work of Legacy.' The motion was decisively defeated².

Adelaide tried again in 1973 and was similarly strongly rejected. However, fences had been damaged as a result of these attempts and by the nature of debate. Nevertheless, the Adelaide delegates to the conference were told privately by individuals that there was support for the proposal but not at club level. At least it was felt that delegates went home better equipped to discuss the subject within their clubs. The feeling was that it should be raised again in a couple of years' time³.

In 1974 to better understand its members views and in part to counter criticism received at National Conferences that their proposal didn't represent the views of the Adelaide members, the Adelaide Board distributed a questionnaire to all Legatees with the result that there was overwhelming support for widening the membership of the Club. This result effectively ratified the actions of the Board in proposing the changes at successive National Conferences.

Within a few months the Board moved to involve men from this bigger pool. A couple of social functions for former Wards were held to sound out their willingness to participate in Legacy work. 'After extended discussion, action was supported on the basis that they be 'Legatee Assistants', selected with the usual checks and consultations, given a distinctive lapel badge, charged the usual membership fees, and be treated equally for all functions' but not be given advisership duties.' Thus, Legatee Assistants had effectively the same duties as Legatees except they were not allocated families.

¹ Until 2014 all changes to the Code of Legacy had to be made as a special resolution at a National Conference of Legacy Clubs. Now such changes are referred to a Legacy Australia Annual General Meeting.

² Legacy history book 'A Generation of Legacy Service; South Australia and Broken Hill since 1945', Brian Dickey, Legacy Club of Adelaide Inc. 1997. Much of the detail in this article is drawn from pages 87-97.

³ Many Clubs, having considered proposals in the National Conference agenda, rather than providing their delegates to Conference with general guidance on voting, directed them how to vote. Thus, it was often the case that their vote was predetermined, and they could not be swayed by discussion no matter how eloquent at the Conference.

Centenary of Legacy History item #12 — Legatee Assistants

Discussions were held with Legacy Coordinating Council (Legacy's then National body) at the 1975 National Conference when there was concern that the Legacy lapel badge not be used improperly and that the induction ceremony be varied so that there was no indication that they could be confused with Legatees. It was agreed that Adelaide would give a detailed report to the 1976 National Conference.

After these careful national steps, the Club moved promptly and proceeded with a badge design⁴ for Legatee Assistants. At the Adelaide annual dinner on 28th February 1976, four men were inducted as Legatee Assistants and two more later that year. Soon they were fitting into the Club committee system.

In discussions and formally at the yearly National Conferences, Adelaide continued to press for the expansion of membership and indeed after a further defeat in 1983 the then President formally announced to the Conference that Adelaide 'would be proceeding to vary the conditions for Legatee Assistants to give them advising duties'. In his words Adelaide Legacy 'would our own thing'.

It took until the National Conference of 1993 to permit the clubs the discretion about the sources of their membership which Adelaide had long sought. Clubs might now admit service personnel or former wards, though not general citizens at large.

By this time having two classes of members (Legatees and Legatee Assistants) in Adelaide Legacy was seen as inappropriate and Legatee Assistants became Legatees and were invited to exchange their silver lapel badge for the bronze Legatees' badge. Nevertheless, several opted to continue to wear their silver badges!

The 1993 National Conference had also given approval to create an auxiliary workforce within a club's rules or within a foundation issued with a Charter by Legacy Coordinating Council. In due course Queensland, New South Wales and Victoria each formed a state Foundation to provide financial and personnel support to the clubs in their states. Many foundation members were allotted to individual clubs and members wore the same silver lapel badge⁵ worn by Adelaide's Legatee Assistants.

The lengthy story of the move to Legatee Assistants was really about Adelaide Legacy's foresight trying to expand the criteria for Legacy membership beyond men who had active service in war. And the men who pursued this objective all had operational service and understood the significance of the major change. They saw this as necessary for Legacy to support the increasing number of Legacy dependants.

Legacy has of course moved a long way since then. Now virtually any person who shares the ideals and obligations of Legacy may be invited to become a Legatee.

Legatee Don Stewart

20th March 2026

⁴ The Legatee Assistant lapel badge selected was the same design as the Legatee badge but in silver rather than bronze.

⁵ In the mid 2000s, Adelaide still had a large bag of surplus silver badges and was able to dispose of these to the eastern State Foundations.

Support Agencies & Information

To make an appointment with any of these services, please contact the Legacy Community Services Team on **08 8231 9812**.



Legal Advice — Mark Turner (Scales & Partners)

1st Monday & 3rd Thursday of each month between 12:30pm and 2:00pm. The initial consultation is free and follow-up, such as Wills or Power of Attorney and the like, will attract a moderate fee.



Real Estate Advice — Debbie Glastonbury

4th Wednesday of each month between 10:00am and 11:00am.



Legacy Equine Therapy — For Social and Therapeutic support

The session includes an introduction to the horses, close interactions and petting but no riding. If you have a good level of mobility, make an appointment.



Home and Garden Maintenance — We Care Home & Garden

Locations

- Strathalbyn
- Mt Barker, Nairne, Little Hampton
- Port Elliot, Goolwa
- Mt Barker
- Echunga
- Possible Metropolitan locations - telephone to discuss

Rates

- Singular - \$65 an hour
- Team - \$120.00 an hour

Jobs

- General handyman
- Gardening

For more information or to book, please contact Steve on **0401 124 141** or steve@wecarehomeandgarden.com.au



Mobile Beauty and Wellness Services — Bedside Beauty and Wellness

Staff are fully qualified, experienced and specially trained to work in these sectors, in hospitals, with the elderly, and with those who have little or no mobility. They visit most metropolitan homes, hospitals, rehabilitation and aged care facilities, and work with over 45 leading home care and disability care provider partners.

Their treatments include: hand and foot care, therapeutic massage, face and skin care, waxing and hair removal, and hairdressing.

For more information or to book a service, check out the website bedsidebeauty.com.au or call Bedside Beauty and Wellness on **0422 629 447**.

Support Agencies & Information

Companion Driving Service — Driving Miss Daisy

Driving Miss Daisy is a driving service offering passengers help and friendly assistance for their daily needs; with a knock on the front door, pick up and return. Peace of mind every time.

Whether it's to an appointment or a visit to the shops or simply to catch up with friends, with Driving Miss Daisy you have a trusted friend who will arrive on time and get you there and back.

Our prices are affordable and similar to the usual taxi or limousine service but with the added Daisy help and assistance.

If you qualify for NDIS or Aged Care assistance, then we will complete the work and invoice your provider. Our charging is based on time and distance and prices are quoted on the requirements of each individual journey.

Join the thousands of others who have enjoyed the Driving Miss Daisy service.



Driving
Miss Daisy®

We're There For You



Driving Miss Daisy Service Locations

Aldinga

P: 0461 345 547

E: aldinga@drivingmissdaisy.com.au

Burnside (and surrounding suburbs)

Pete and Jo Goodwin

P: 0460 306 553

E: BurnsideSA@drivingmissdaisy.com.au

Dernancourt (and surrounding suburbs)

Mandy Fielke

P: 0477 917 970

E: dernancourt@drivingmissdaisy.com.au

Henley Beach (and surrounding suburbs)

Jason Rasiah

P: 0428 099 770

E: henleybeach@drivingmissdaisy.com.au

Mount Barker (and surrounding suburbs)

Ben Jackson

P: 0419 666 548

E: mountbarker@drivingmissdaisy.com.au

Noarlunga (and surrounding suburbs)

Nik Vaalele

P: 0488 198 346

E: noarlunga@drivingmissdaisy.com.au

Financial Assistance

As the current geo-political situation unfolds in the Middle East, fuel costs and the cost-of-living in general is increasing and may continue to do for some time.

If any you need additional financial assistance, please do reach out to your Legatee or contact our **Community Services** office direct on **(08) 8231 9812** or familyservices@legacysa.org.au.

We are here to help.

Pine Cottage

Holiday House, Victor Harbor



Located within walking distance to shops and local eateries and a short drive to the beach and other township attractions. The self-contained property has everything to make your seaside holiday a comfortable and pleasant experience.

Pine Cottage bookings for 2026 are now open

Call 8231 9812 to book in.

The cost is **\$420 per week**, Friday afternoon to the following Friday morning.



Serving the families of those who served.

Legacy Assistance and Support



Telephone
08 8231 9812



Email
familyservices@legacysa.org.au

Legacy beneficiaries with an allocated Legatee are encouraged to make contact with their Legatee for advice or assistance. If you are unable to contact your Legatee, or if you do not have an allocated Legatee, **you can contact a Community Services Team Member at Legacy between the hours of 9am and 4pm, Monday to Friday.**



Types of support available:

- Financial support i.e. education, utility, driving lessons
- Holiday accommodation
- Compensation advocacy
- Legal advice
- Information provision
- Family Days (social support)
- Social work team

Support Services



Open Arms

Face-to-face and tele-health counselling.

1800 011 046



Mens Line

Telephone and online counselling service for men.

1300 789 978



Beyond Blue

24/7 suicide prevention and crisis support.

1300 224 636



Kids Helpline

24/7 online and phone service for young people aged 5-25.

1800 551 800



Suicide Call Back Service

24/7 phone and online counselling to people affected by suicide.

1300 659 467



1800 Respect

24/7 support to people impacted by domestic, family or sexual violence.

1800 737 732



Lifeline

24/7 crisis support.

13 11 14



Safe Zone Support

24/7 counselling for all current and ex-serving ADF personnel, veterans and their families.

1800 142 072

Legacy Calendar

MAY 2026		JUNE 2026		JULY 2026	
15 th	Legacy Veterans Family Day Morning Tea <i>Torrens Parade Ground</i>	8 th	King's Birthday	15 th	Legacy Art Group
17 th	Veterans Family Day <i>Garden Terrace, Mawson Lakes</i>	17 th	Legacy Art Group	15 th	Legacy Club Executive Club Luncheon <i>Adelaide Pavilion</i>
20 th	Legacy Art Group			17 th	Beneficiary Luncheon <i>Adelaide Pavilion</i>
21 st	Beneficiary Luncheon <i>Adelaide Pavilion</i>				

Update your details

Please let us know if your details have changed via the form below

Name:

Date of Birth: / /

Previous Address:

New Address:

New Phone Number:

New Email Address:

- ☐ Own House / Unit
- ☐ Renting
- ☐ Retirement Village
- ☐ Aged Care

Please return to:
Information Officer
Legacy Club of SA and BH Inc.
GPO Box 1367
ADELAIDE 5001
records@legacysa.org.au

Other:

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